

## WE'RE HERE FOR YOU Helping our industry is our top priority during these unprecedented times, and Sysco is here to support our customers through each phase of the COVID-19 recovery through a comprehensive range of solutions designed to help your business emerge stronger. For pub owners planning to resume trading, there are many factors to consider – from practical health and safety concerns to menu planning – and now is the time to put essential strategies in place. Sysco has created this complete toolkit to help pubs reopen safely. Here you will find menus tailored to meet your pub's specific needs, along with a simple breakdown of the staple ingredients, cleaning supplies, personal protective wear and catering essentials you'll need to manage a successful foodservice operation. Find the menu that suits your pub's facilities and capabilities: from basic soup and sandwich combos to an extensive restaurant-style offering, these menus provide a straightforward means to launching, expanding or streamlining your pub's food operation. At www.syscoireland.com, we've created a resource hub dedicated to helping you reopen, grow and recover your business in the weeks ahead. You'll find expert information on topics such as sanitisation, must-have products and how to optimise your menu. We are in this together and committed to helping our customers and communities succeed. 02 AT THE PASS











#### p.04 7 Key Steps to a Safe Reopening

A breakdown of expert advice on how best to open your pub.

#### p.08 Simple Solutions

Serving a basic food menu with the minimum equipment and set up required.

#### p.12 Pub Grub

Offering hot and cold food options suitable for a lunch trade, this menu requires minimum equipment and set up to operate.

#### p.14 Pub Grub Plus

Building on Simple Solutions and Pub Grub, this menu offers a more extensive menu with deepfried options.

#### p.18 Full Service Pub

A restaurant-style offering highlighting value products and best-selling menu items.

#### p.22 Pizza

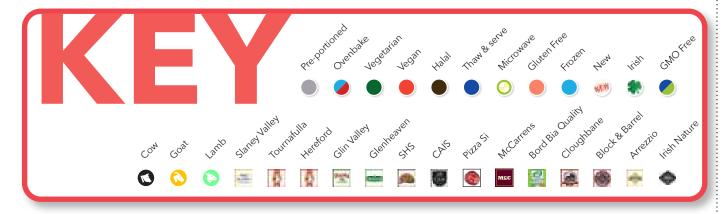
Adding pizza to any menu is a simple and guaranteed method for increasing revenue and expanding into a takeaway service.

#### p.26 Desserts

The top desserts to include to increase sales and fulfil combo menus.

#### p.30 Foodservice Essentials

From al fresco dining options and staple kitchen items to personal protective wear and cleaning supplies, these are the must-haves for any foodservice operation.





**NEWCASTLE WEST**: 069 - 20 200 **NI:** +44 (0) 345 997 1111 www.syscoireland.com

Products are subject to change and stock availability. Please check complete product specifications with your call centre agent or Area Sales Manager.

# KEY STEPS TO A SAFE RE-OPENING

#### **ASSESS RISK**

Ensure that the risk assessment for your business addresses COVID-19. Use government information to inform decisions and consider how this will impact existing food safety management systems. Review and, where necessary, update HACCP procedures to cover any new changes in your business; for example, the introduction of takeaway/ food-to-go services should trigger a review.

- Update Safety and Health Plans, Safety Statement and other relevant documents to address all COVID-19 restrictions.
- Document the start-up checks undertaken.
- Inform the local food authority that the business is restarting, and of any changes to registerable activities.
- Prepare a COVID-19 Response Plan. For more information visit www.ifsa.eu.com and www.covid19.failteireland.ie/.





#### **COMMUNICATE**

Make sure your plan of action is clearly outlined to all employees, and keep them in the loop as it's updated. An up-to-date list of the contact information of all employees, including emergency telephone numbers, should be readily available.

Regularly review all COVID-19 related signage throughout the premises to ensure they display the latest Government recommendations.

#### **TRAIN**

Provide training to employees around all measures being adopted to manage the threat of COVID-19. Use the most appropriate training channels to do this.

Make your employees aware that they must not attend work if they have symptoms.









#### **CLEAN AND SANITISE**

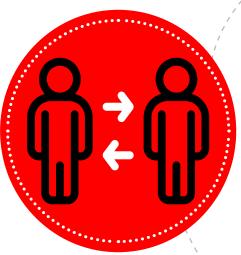
Ensure contact/touch surfaces such as table tops, work equipment, door handles and handrails are visibly clean at all times and are cleaned and disinfected very regularly. Implement a modified daily cleaning schedule and be sure that bathroom facilities, communal spaces and touchpoints are cleaned every 30-60 minutes. Hand sanitiser dispensers (touchless whenever possible) must be placed at all entrances and at specific points within the public areas of your establishment. All hand sanitisers must have a minimum alcohol content of 60%.

#### **KEEP A DISTANCE**

Both employees and guests must be reminded to stand at least 2m away from others. This is reduced to 1m in a controlled environment once various safety measures are met. For more information on what constitutes a controlled environment, be sure to visit www.covid19.failteireland.ie/pubs.

Rearrange tables, seating and couches to allow for this space, and ensure any queuing arrangements have clear distance markers. If you cannot ensure that employees stay the recommended distance apart at all times, alternative protective measures must be put in place, e.g. physical barriers between employees.





#### KEEP CONTACTS

Customers should be asked to:

- STOP before entering to ensure that anyone exiting the premises has done so. They should check there is a space available for them before proceeding past this point.
  - SANITISE their hands upon entering. You will need to sanitise seats and tables thoroughly after every use.
  - SIGN in. You will need to collect names, addresses and contact details for one customer per group in a log-in book. Encourage patrons to bring their own pen; communal pens should be sanitised after every use.
- SIT and keep within the area marked on the floor. Table service is to be the standard wherever possible, and customers should remain sitting unless using the bathroom, paying, or leaving the premises.



#### STAY INFORMED

Regularly review government guidelines as they adjust and evolve, and be prepared to make relevant changes where necessary.



Find all the information you need to support you through a safe re-opening at: www.syscoireland.com







## SOUPS

SU178	Cream of Vegetable Soup	1x2Lt
SU185	Chicken & Vegetable Soup	1x2Lt
SU186	Tomato & Basil Soup	1x2Lt



## BREAD FOR SOUPS

P346Z Sliced Wheaten Bread 2 Pac	:k Wrapped	90x45gm
BR997Z Bread Roll Wrapped		120x35gm



## INDIVIDUAL BUTTER PACKS

496063	Golden Harvest Mini Butter Portions 7g	1x150's
491455	Flora Original	200x10gm



## SANDWICH BREADS

102442 Brakes Medium Sliced White Loaf	1x8's
BR991Z Sliced White Sourdough Loaf	6x800gm

#### CREAM OF VEGETABLE SOUP

Ready to heat and serve with a bread roll and butter — the classic, simple pub lunch. A sprig of parsley makes a simple but attractive garnish.



#### SLICED WHEATEN BREAD 2 PACK WRAPPED

Classic brown bread in handy individually-wrapped portions — simply thaw and serve with



#### DROMON BUTTER

Individually-wrapped pats of butter are essential for serving with soup.







#### STREAKY BACON COOKED

Ever-popular bacon, ideal for classic BLTs, bacon and egg breakfast sandwiches or over meat-lovers' pizzas.

#### DICED COOKED CHICKEN FILLET

Cooked chicken ready to be scattered over pizzas or use as a sandwich filling, with or without mayonnaise. Always remember that deli meats need to be kept chilled at all times.

#### **BLOCK & BARREL HAM BAKED SLICED**

Ideal for fresh sandwiches — whether pre-made or made to order — or those allimportant toasties. Salad, coleslaw and crisps are perennially popular accompaniments.

#### MOZZARELLA CHEDDAR MIX GRATED

A ready-mixed blend of 50% Mozzarella, 25% white and 25% red Cheddar, ready for topping pizzas or piling into hot or cold sandwiches.



#### CHICKEN & MAYO WITH SAGE & ONION STUFFING

One of Ireland's most popular sandwich fillings, ready-mixed for your ultimate convenience.



#### **DELI STYLE COLESLAW**

Whether used a sandwich filling or served as a side for cheese toasties, coleslaw is a guaranteed hit with customers.

#### CHUNKY SALAD POTATO

Always a popular side dish for sandwiches.

#### PERRI CRISP CHEESE & ONION CATERING

A must-have accompaniment for your range of sandwiches (and pints, of course!).



## DELI MEATS & CHEESE

CM810	Block & Barrel Sliced Baked Ham	<b>500g</b> r	n
CM542	Irish Sliced Roast Beef	🌎 1Kg	
CC748	Diced Cooked Chicken Fillet	🥞 🌎 2Kg	
TY708	Sliced Superior Roast Gold Turkey	<b>\$</b> 500gr	n
BC125	Cooked Streaky Bacon	💮 1Kg	
CH1078	Grated Mozzarella Cheddar Mix	1x2Kg	



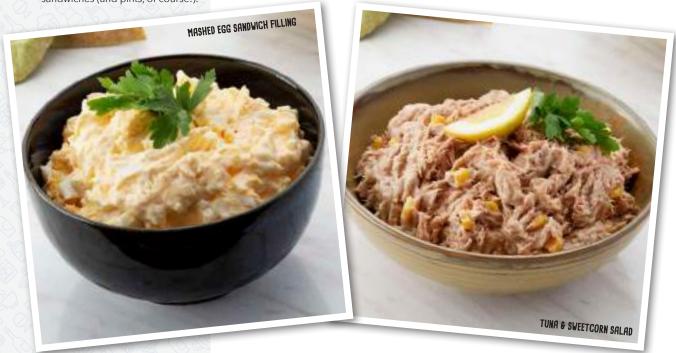
## SANDWICH FILLINGS

490308 Chicken & Mayo with Sage & Onion Stuffing	🙌 1x1Kg
490309 Mashed Egg Sandwich Filling	🙌 1x2Kg
490311 Tuna & Sweetcorn Salad	🙌 1x1Kg



## STAPLE SIDES

490737 Deli Style Coleslaw	💨 1x2Kg
490990 Chunky Potato Salad	💨 1x2Kg
459632 Perri Crisp Cheese & Onion Catering	💮 9x200gm
491000 Coleslaw Dry Mix	💮 1x2Kg







## FRESH VEG SANDWICH FILLINGS

TM197	Tomatoes	1Kg
VP714	Sliced Red Onions	1Kg
VW705	Cucumber	1x14's
SL327	Mixed Leaves Bag	2x500gm
FW642	Washed Mixed Leaf Italian Salad	8x500gm
VP715	Mixed Sliced Peppers	1x1Kg



## SERVING STAPLES

71511	Brakes Brilliantly Butterly Spread	2Kg
MS147	Kenny's Mayonnaise	2x2.27Lt
89408	Brakes Pepper Sachets	1x2,000's
89409	Brakes Salt Sachets	1x2,000's

#### CUCUMBER

Adds a refreshing crunch to salad sandwiches or side salads.

#### SLICED RED ONIONS

Red onions provide a milder flavour than white, making them ideal for use in sandwiches, including the pub favourite "toasted special" — ham, cheese, tomato and onion.

#### MIXED LEAVES BAG

A healthier lettuce option for BLTs and side salads.

## BRILLIANTLY BUTTERLY SPREAD

Choosing catering sizes of ever-popular spreads like butter and mayonnaise helps to cut costs and minimise waste in the kitchen.









## HOT MENU OPTIONS

490293	Cloughbane Beef Lasagne	總	1x2.6Kg
490664	Deli Cottage Pie	總	1x2.6Kg
490665	Cloughbane Chicken & Broccoli Bake		1x2.4Kg
RM870Z	Beef & Stout Pie		6x275gm
RM871Z	Steak & Kidney Pie		6x275gm
RM873Z	Chicken Leek & Ham Pie		6x275gm



## JACKET POTATO

3939 Brakes Baked Jacket Potato

35x230-290gm



## SIDE SALADS

490737	Deli Style Coleslaw	💨 1x2Kg
490987	Couscous Salad	💨 1x2Kg
490990	Chunky Potato Salad	💨 1x2Kg
490991	Broccoli, Carrot & Nut Salad	💨 1x2Kg
490992	Spicy Rice Salad	💨 1x2Kg
490994	Italian Pasta Salad	💮 1x2Kg
490996	Chilli Noodle Salad with Chicken & Fresh Veg	💨 1x2Kg
SA298	Chickpea & Roasted Pepper Salad	💨 1x2Kg
SA300	Shredded Carrot & Seed Salad	💨 1x2Kg
SA302	Beetroot Salad With Honey & Balsamic Vinegar	💮 1x2Kg

#### CLOUGHBANE BEEF LASAGNE

Handmade in Ireland using Irish ingredients — something worth mentioning on your menu! Serve the lasagne with a simple side salad or coleslaw, and a baked potato for a hearty pub meal.



### BRAKES JACKET BAKED POTATO

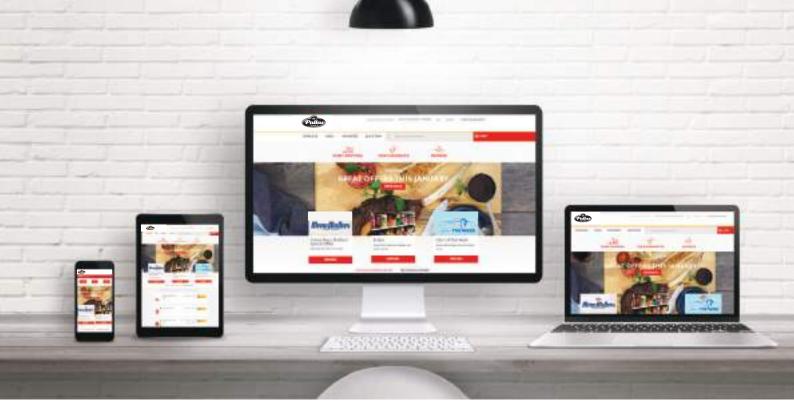
Serve hot alongside a warm lasagne, pie or bake with an individual pat of butter.



Premade salads hit the sweet spot between convenient and nutritious. Offer a selection of two or three to give your customers a way to customise their meals without any extra work on your part.







# ONLINE ORDERING MADE EASY

We have created an *Online Ordering* website that adapts and responds to whichever device you are most comfortable with. If you prefer to create your order on a desktop PC or laptop, then edit it later using a smartphone or tablet, either at home or on the move, then rest assured that *Online Ordering* from Sysco makes it a user-friendly and convenient experience.

Visit www.syscoireland.com or talk to your Area Sales Manager.



ONLINE ORDERING







#### **BRAKES MUSHY PEAS**

A must-have with fish and chips, these mushy peas only need heating through on the hob or in a microwave.



## FISH & CHIPS

VP759ZBrakes French Fries4x2.5Kg33563Brakes Mushy Peas6x2.5Kg



#### WHITBY SCAMPI COATED IN BREADCRUMBS

Deep fry straight from frozen for a scampi and chips option in just a few minutes.

## BREADED CHICKEN GOUJONS

Great for a pub menu and as a Children's Menu staple, these chicken goujons can be deep fried straight from frozen.



BRAKES BATTER CRISP HADDOCK FILLET
18x170-200gm



89732 Brakes Tartare Sauce 2x2.27Lt



## SCAMPI & GOUJONS

FS962Z Whitby Scampi Coated in Breadcrumbs 10x450gm
CC806Z Cooked Breaded Chicken Goujons 10x1Kg

## FRYER TIPS

- Don't overfill the fryer.
- Allow oil to cool before cleaning.
- Always use fresh, good quality oil so as not to taint the food.
- Do not over-crowd the fryer, especially with frozen foods this will quickly drop the temperature of the oil.
- Salt can cause the oil to splatter, so season immediately after cooking.
- If cooking from raw, cut the pieces as uniformly as possible for an even cook.
- If using a batter, dip half of the product into the fryer and allow to bubble before adding it all in; this will prevent the food from sticking to the bottom of the fryer.







## BURGER FAVOURITES

CC625Z	Breaded Chicken Burger	60x100gm
3625	Sliced Sesame Seed Burger Bun 5"	1x48's
MS151	Kenny's Burger Sauce	2x2.27Lt



## STAPLE SAUCES

MS632	Kenny's Malt Vinegar Sachets	200x8ml
MS631	Kenny's Real Mayonnaise Sachets	200x15ml
MS636	Kenny's Tomato Ketchup Sachets	200x15gm

#### SLICED SESAME SEED **BURGER BUN 5"**

Give these sesame buns a light toast before serving.

#### KENNY'S BURGER SAUCE

You can use a combination of mayo and ketchup to make the base of a burger sauce, or save a step and opt for









## DELUXE FISH & CHIPS

FS921Z	Haddock Fillets IQF	30x95-105gm
85715	McDougall's Batter Mix	4x3.5Kg
110934	Brakes Skin On Random Chips	4x2.5Kg
Z464606	Batchelors Mushy Peas	12x624gm
7418601	Colman's Tartare Sauce	2x2.5Lt

## BANGERS & MASH

Premium Pork & Chive Sausages







VG864Z **AVIKO PREMIUM POTATO MASH** 4x2.5Kg



Z414386 KNORR QUICK GRAVY POWDER 3x1.2Kg

# BACON & CABBAGE

BC202	Irish Rindless Bacon Loin	€ 5-6.5Kg
VP703	Shredded Cabbage	🐑 1x1Kg

## **BRAKES SKIN ON RANDOM**

A kitchen staple that can be used across your entire menu — a considerable time saver.



#### PREMIUM PORK & CHIVE SAUSAGE

Pair with gravy and mashed potato for bangers and mash — the ultimate pub comfort food.

#### **BRAKES WHOLE GIANT BATTERED ONION RINGS**

A tempting side dish that's easy to upsell, or a luxurious addition to bangers and mash.







#### KNORR MEDIUM CURRY SAUCE

Offer your curry with rice, chips or half-and-half to satiate Irish consumers' love of carbohydrates!



## **CURRY**

C225 Diced Chicken Breast Meat	2.5Kg
C63 Diced Chicken Thigh Meat	<b>2</b> x2.5Kg
Z414373 Knorr Medium Curry Sauce	2x2.25Lt
16805 Brakes Easy Cook Parboiled Basmati Rice	1x5Kg



#### BRIOCHE STYLE BURGER BUN 4"

A versatile bun that adds an upgraded touch to beef, chicken fillet or veggie burgers.



## PREMIUM BURGER

BF2960 Irish Hereford Prime Beef Burgers

BR461Z Brioche Style Burger Buns 4"

16x227gm

48x88gm



CC439Z Global Farms Cooked Breaded Chicken Fillet

4x24x90-110gm



CH1626 **DUBLINER SLICED CHEESE** 1x1Kg







## CHICKEN WINGS

CC925Z	Steam Cooked Chicken Wings	4x2.5Kg
109268	Brakes Bourbon BBQ Sauce	2x2.2Kg
Z494064	Santa Maria Sriracha Sauce	1x980gm
89714	Brakes Blue Cheese Dressing	2x2.27Lt
VW809	Celery	<b>1</b> x14's



## SPAGHETTI CARBONARA

PA418	Pasta Zara Spaghetti	20x500gm
MS605Z	Surgital Carbonara Sauce	4x1Kg



## STEAK AND CHIPS

BF428	Irish Nature Beef Rib Eye Steaks (Wrapped)	<b>\$</b>	10x227gm
30926	Brakes Giant Whole Battered Onion Rings		1x500gm
VP734	Bravi Gold Par Fried Chips		2x5Kg



## IRISH STEW

LM105	Traditional Diced Irish Lamb Stew	1x2.5Kg
491024	Prepared Stew Mix	🐑 2Ka



## BBQ RIBS

PK404Z BBQ Coated Cooked Pork Spare Ribs 1x10Kg

#### STEAM COOKED CHICKEN WINGS

These pre-cooked chicken wings simply need to be heated through in the deepfryer or oven, and tossed in the customer's choice of sauce.



#### **BRAKES BLUE CHEESE DRESSING**

Allow your customers their choice of wing sauce — but a side of blue cheese dip is a must!

#### COOKED PORK SPARE RIBS BBQ COATED

Convenience is key with these pre-cooked, ready-sauced ribs. All you need to do is heat through and serve!



### TRADITIONAL IRISH STEW DIGED (LAMB)

Quality Irish lamb, diced and ready for slow-cooking.











## BASE & SAUCE

Pizza Si Pizza Bases & Tomato Sauce 12 Inch

**1x48**'s

Pizza Si Extra Thin Pizza Base & Tomato Sauce 11 Inch



## SAUCED PIZZA BASES

PZ161Z Pizza Si Sauced Artisan Pizza Base 10 Inch

🐌 1x15's

PZ162Z Pizza Si Sauced Artisan Pizza Base 9 Inch

1x20's

Pizza Si Sauced Artisan Pizza Base 12 Inch



## TOPPINGS

CM286 Sliced Pepperoni	1Kg
VW747 Traffic Light Peppers	10x500gm
491019 Sliced Mushrooms	1Kg



## PIZZA BOXES

Pizza Si Branded Pizza Box 12 Inch

1x100's







## READY-TO-COOK PIZZAS

PZ163Z Pizza Si Margherita Pizza 11 Inch







PIZZA SI STONE BAKE MARGHERITA PIZZA 12"



1x15x28cm

PZ180Z PIZZA SI HAWAIIAN PIZZA 12 INCH



PIZZA SI MARGHERITA PIZZA 6" 40x135gm

# Italian gowrmet Pizza dough





# THE GOURMET PIZZA BUSINESS SOLUTION

Italian-made products to help restaurants, hotels, cafés and pubs reinvent their pizza offering!

- Artisan Pizza Bases
- Gluten Free Options
- Utensils
- Pizza Boxes
- Staff Training

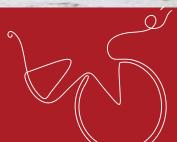
51cm (h) x 34cm (w) x 54cm (d)

## **BUY OR RENT**

STONE BAKE PIZZA OVEN

- Bake Authentic Italian Pizzas
- All Equipment Provided
- Trial Period











## TRADITIONAL APPLE TART

490018 Salamander Deep Apple Tart 1x12ptn IC214Z Bourbon Dairy Vanilla Ice Cream 2x5Lt



## PERFECT PUDDINGS



CE1377Z INDIVIDUAL BREAD & BUTTER PUDDING 12x175gm

Heat this pudding in the microwave or warm in the oven to crisp the top, then serve with crème Anglaise.



4225 **BRAKES STICKY TOFFEE PUDDING** 16x120gm

Warm this indulgent pudding in the microwave and serve with salted caramel ice cream.

IC315Z	Salted Caramel Dairy Ice Cream	2x5Lt
DY202	Debic Crème Anglaise	1x2Lt



## CLASSIC FAVOURITES

DT250Z	Cream Profiteroles	275x14.5gm
2379	Brakes Chocolate Sauce	12x1Lt
X477	Crème Brulée	6x1Lt

#### SALTED CARAMEL DAIRY ICE CREAM

A sweet and slightly salty ice cream that is an elevated accompaniment to tarts and puddings.



Perfect for tarts and traditional puddings.



Cook slowly on a stove to 70°C, then portion and chill before serving.



#### **CREAM PROFITEROLES**

Simply serve the profiteroles chilled, then heat the chocolate sauce for an indulgent and easy dessert.











## SERVE FROM CHILLED



CE2020Z

#### IRISH CREAM LIQUEUR BROWNIE CHEESECAKE 1x14ptn

A fusion of popular staple desserts, simply serve this decadent slice chilled.



DT741z **TRADITIONAL TRIFLE** 12x125gm

Serve this trifle straight from chilled.



DT707Z

#### **RASPBERRY & WHITE CHOCOLATE ROULADE** 20x72gm

Bursting with fresh flavour, this is a light dessert that can be served chilled with the red fruit coulis drizzled over.



Z2205

#### WHITE CHOCOLATE & RASPBERRY TRAYBAKE 1x42ptn

An easy traybake dessert that can be served chilled.



## CHOCOLATE CRAVINGS

490974 Death By Chocolate Cake



1x14ptn

## PROVIDE SAFE TABLESIDE ORDERING WITH FLIPDISH

Flipdish web ordering and mobile apps provide a new solution to table ordering in your restaurant, café, bar or hotel.



Customers order conveniently from their exact location, securing revenue for your business while freeing up staff and limiting in-person contact. With a branded website and app, powered by Flipdish, business owners directly accept online orders without listing on aggregator platforms, at a lower cost and with more control over the customer experience.



# WHAT ELSE CAN FLIPDISH OFFER YOUR BUSINESS?

- Amplify your digital presence with your own branded website and app
- Manage orders in real time
- view order details, customer information and delivery locations
- Encourage repeat orders with customisable discounts, voucher codes and free push notifications
- Gain valuable insights with sales metrics and customer data on your dashboard

Sign up at syscoireland.com/resource-hub/flipdish/