

## **Chicken Thigh Asian Soy Glaze**

### **INGREDIENTS**

400g Fresh Chicken Thigh Meat CC376
100ml Wing Yip Sesame Oil 89948
10g Coriander Fresh 490071
20g Garlic String VW733
200ml Asian Soy Glaze 491269
Salt & Pepper to Taste

- 1 Marinate the chicken thighs in the sesame oil, garlic and coriander for a couple hours (best if done day before).
- **2** Season with salt and pepper and place on the BBQ, ensuring the meat has a good color and is cooked.
- **3** Remove from the BBQ, roll on half off the glaze and quickly flash them back on the hot BBQ, taking care not to burn, because of the caramelization of the glaze.
- **4** Remove from the BBQ and finish with the remaining glaze.
- **5** Serve with a glass noodle salad tossed in sweet soy sauce and a wasabi sesame mix.



## **Chimichurri Ribeye Steaks**

### **INGREDIENTS**

4 Hereford Ribeye Steaks 490602 40g Santa Maria Chimichurri spice mix 491267 40ml Water 200ml Extra Virgin Olive Oil OL102 Salt & Pepper to Taste

- **1** Combine the chimichurri spice mix, water and oil until mixed thoroughly.
- 2 Marinate the steaks for 4 hours using the mix.
- **3** Season with salt and pepper and cook to your liking.
- 4 Serve with a rocket salad or dirty fries.



# Curried Cauliflower & Beet Salad with Hazelnuts, Rocket & Yoghurt

#### **INGREDIENTS**

2 Cauliflower – break into florets and slice VW703

1/2 Chilean Onion 492492

2 Cloves Garlic String VW733

Juice of 1/2 Lemon FW611

80ml Extra Virgin Olive Oil OL102

10g Garam Masala SP277

1/4 tsp Ground Cinnamon Z494010

200g Beetroot – boil and dice VW717

60g Blanched Hazelnuts – lightly toasted NU122

250g Rocket SL326

Sea Salt & Black Pepper

500ml Compsey Yoghurt YT746

Juice of 1/2 Lemon FW611

1 Clove Garlic String VW733

- 1 Pre-heat oven to 220C, line a baking tray with foil.
- **2** Put the garlic, lemon juice, olive oil, curry powder, cinnamon, salt and pepper in a large bowl. Whisk until combined.
- **3** Add the cauliflower and onion slices to the bowl and toss to coat. Spread the cauliflower and onion slices on a baking tray in a single layer.
- 4 Roast in the over for 25-30 minutes until well browned.
- **5** Meanwhile, make the dressing. Combine the yoghurt and lemon juice in a bowl and whisk together. Add the crushed garlic and season with sea salt to taste.
- **6** Once the cauliflower and onion are cooled, combine it with hazelnuts, beetroot and rocket.
- **7** Place the tossed salad into a take-away bowl with the dressing in the small take-away pot.





# Ginger, Chilli, BBQ Marinated Lamb Tomahawk Steaks

### **INGREDIENTS**

12 Slaney Valley Lamb Tomahawk 49360950g Santa Maria BBQ Rub Red Chilli Ginger 491266200ml Extra Virgin Olive Oil OL1025g Fresh Rosemary 491011Salt and Pepper to Taste

- **1** Combine the red chilli ginger spice mix with the olive oil and rosemary.
- 2 Marinate the lamb in this mix for a couple of hours.
- **3** Season and BBQ on a high heat until desired cooking degree and leave to rest for a few minutes.
- **4** This dish works well with a aubergine and courgette Provencal style with a touch of smoked paprika and tomato and basil spice mix.



### **Indo Chinese Chilli Chicken**

#### **INGREDIENTS**

50ml Rapeseed Oil 490138

500g Chicken Fillets CK241

1 Green Pepper VW744

1 Green Chilli VG879

Ginger VW764

1 Red Onion VW740

3 Spring Onions VW710

Pinch of Schwartz Chilli Flakes Z494021

1 tbsp Lee Kum Kee Dark Soy Sauce OR316

1 tbsp Lee Kum Kee Light Soy Sauce OR317

500ml Lucan Chicken Bouillon Z250

1 tbsp Sesame Oil OR342

1 tbsp Gem Cornflour Z53001

- 1 Heat the rapeseed oil in a large wok or a non-stick frying pan and brown the chicken over a high heat.
- 2 Remove the chicken and reserve.
- **3** Heat the same oil and toss the green peppers for 10 seconds. Remove and set aside.
- **4** Add the red chillies, green chillies and ginger to the pan, stir-fry for 2-3 minutes. Add the onions and toss well for 1 minute.
- **5** Add the dark and light soy sauces and mix well. Add stock and bring mixture to the boil.
- **6** Dissolve the cornflour in 1  $\frac{1}{2}$  tbsp of cold water and mix well.
- **7** Once the stock begins to boil, add the cornflour paste stirring vigorously to avoid any lumps.
- **8** Add the tossed green peppers, browned chicken and spring onions and cook for a further 2-3 minutes over a high heat.
- **9** Season as required, drizzle over some sesame oil and serve hot with some vegetable or egg fried rice.



### Korean BBQ Mohawk Steak and Kimchi Salad

### **INGREDIENTS**

4 Mohawk Steaks 493187

Salt and Pepper to Taste

40ml Extra Virgin Olive Oil OL102
20g Santa Maria Beef Brisket Rub Z494069
200ml Santa Maria BBQ Sauce Korean Style 491268
300g Coleslaw Dry Mix VP793
10g Santa Maria Kimchi Spice Mix Z49071

- **1** Mix the kimchi spice mix and the dry slaw mix in a bowl and refrigerate for a few hours.
- 2 Mix the oil and the beef brisket rub and brush on to the steaks just before cooking and BBQ to your liking.
- **3** Remove the steaks from the BBQ to a tray and cover with half of the Korean BBQ sauce and quickly finish.
- **4** Add the remainder of the Korean BBQ sauce to the steaks once removed from the BBQ and rest for a few minutes.
- **5** Serve with the kimchi slaw on the side.



## **Chilli and Ginger Pork Belly Ribs**

### **INGREDIENTS**

800g Pork Belly Ribs PK429

65g Santa Maria Red Chilli & Ginger Spice 491266

200ml Veal Stock G129

200ml Bourbon BBQ Sauce MS710

5g Fresh Coriander 490071

1 Bunch Of Scallions VW710

- 1 Sprinkle the red chilli and ginger spice mix over the ribs and leave to infuse for 1 hour.
- **2** Cook the ribs for 20 minutes at 160 degrees, turning halfway through in a convection oven.
- **3** Combine the stock with the BBQ sauce and pour over the ribs, ensuring both sides are well coated.
- 4 Cover the tray tightly with foil.
- **5** Place the ribs back in the oven on roast and cook for 2 ½ hours at 140 degrees.
- **6** Remove from the oven and leave to rest for 20 minutes leaving the foil on.
- **7** Remove the ribs from the tray and strain the liquid into a pot, reduce by half. This should give you a nice thick sticky consistency.
- 8 Add the ribs back into the sauce and coat evenly.
- **9** Sprinkle fresh coriander and scallions over the ribs and serve.





### **Pork Char Sui**

### **INGREDIENTS**

800g Mcarrens Pork Belly 493475

#### **For The Marinade**

4 Cloves Garlic VW733

5cm Ginger VW764

- 4 tbsp Kennys Tomato Ketchup MS153
- 4 tbsp Lee Kum Kee Hoisin Sauce OR313
- 4 tbsp Soft Light Brown Sugar SG178
- 1 tbsp Lee Kum Kee Dark Soy Sauce OR316
- 2 tbsp Sake Rice Wine AL115
- 50ml Rapeseed Oil 490138

- **1** Put the pork belly in a roasting tray then rub in the marinade mix, cover and chill overnight.
- **2** Pre-heat the oven to 140 degrees. Cover the tray with foil, cook the pork for 3  $\frac{1}{2}$  hours, basting every hour.
- **3** Increase the oven temperature to 180 degrees, remove the foil from the tray and continue to cook for 45 minutes until the pork starts to caramelise around the edges.
- **4** Remove the pork from the tray and rest for 20 minutes.
- **5** Remove any fat from the tray and transfer the sauce to a small pot. Slice the pork- it will fall apart as you cut into it then return to the tray.
- **6** Warm the sauce in the pot, pour the warm sauce over the meat and serve.



### **Stir Fried Beef and Black Pepper**

### **INGREDIENTS**

150g Irish Nature Beef Fillet BF646

40g Onion VW737

1 Garlic Clove VW733

40g Spring Onion VW710

100ml Seasoned Red Cooking Wine T212

20g Kerrygold Butter DY173

80g Kennys Tomato Ketchup MS153

10g Worcestershire Sauce Z419008

12g Caster Sugar Z313002

15g Lee Kum Kee Light Soy Sauce OR317

6g Santa Maria Whole Black Pepper SP293

- **1** To make the black pepper sauce, whisk together the butter, ketchup, worcestershire sauce, soy sauce and black pepper in a saucepan. Heat gently until combined and set aside.
- **2** Heat a dash of oil in a wok and fry the beef quickly on a high heat until coloured on the outside. Remove from the wok and set aside.
- **3** Add the onion, spring onion and garlic to the wok and cook until browned.
- **4** Return the beef to the wok, add the black pepper sauce and red wine, bring to the boil.
- **5** Cook until a sticky consistency and serve with rice.



### Stir Fried Chicken with Chilli and Black Bean

### **INGREDIENTS**

350g Chicken Fillets CK241

80ml Rapeseed Oil 490138

1 Onion VW737

10g Ginger VW764

2 Garlic Cloves VW733

1 Red Chilli VW757

2 tins Biona Organic Black Beans 3984

1 Green Pepper VW744

2 tbsp Sake Ozeki Rice Wine AL115

1 tbsp Lee Kum Kee Oyster Sauce OR315

1 tsp Caster Sugar Z313002

1 tbsp Sesame Oil OR342

80ml Chicken Bouillon Z250

1 scallion VW710

- 1 Slice the chicken fillets into thin strips.
- **2** Heat oil in a wok over a high heat, add onion, ginger, garlic, chilli and black beans.
- **3** Stir-fry for 15-20 seconds
- **4** Add the chicken and green pepper and stir-fry for 2-3 minutes, until the chicken strips are cooked through.
- **5** Add the rice wine, oyster sauce, sugar, sesame oil and stock, reduce heat to medium and simmer until a sauce consistency.
- 6 Garnish with sliced scallions and serve with rice.



### **Stir Fried Greens with Char Siu**

### **INGREDIENTS**

25ml Rapeseed Oil 490138

5g Ginger VW764

4 Garlic Cloves VW733

150g Lord of Tofu Natural 1065

200g Pork Char Siu – See Separate Recipe

1 Baby Pak Choi VW707

50g Wild Mushrooms VW769

2tbsp Light Soy Sauce OR317

1tbsp Oyster Sauce OR315

1tbsp Sake Rice Wine AL115

Pinch Chilli Flakes Z494021

Drizzle of Sesame Oil OR342

White Pepper

- **1** Heat oil in a wok over a high heat, add ginger and garlic. Stir-fry until fragrant, add tofu and toss to coat.
- **2** Add the char siu pork and greens, stir-fry for 1-2 minutes until the greens wilt.
- **3** Add mushrooms, soy sauce, oyster sauce, rice wine and chilli flakes.
- **4** Transfer to a plate, season with a drizzle of sesame oil and white pepper.
- **5** Serve with steamed rice.



# Tuna & Avocado Poke Bowl With A Sesame & Ginger Dressing

#### **INGREDIENTS**

400g Brown Basmati Rice 490068

10g Dried Nori Seaweed OR249

300g Tuna Loin FS231

150g Edamame Shelled VG862Z

1 Cucumber VW705

2 Spring Onions VW710

2 Avocados FW634

Sesame Seeds – toast to serve

100ml Light Soy Sauce OR317

40ml Rapeseed Oil 490138

40g White Onion VW404

1 tsp Sesame Oil OR342

2 tsp Caster Sugar Z313002

1 Clove of Garlic VW733

1/2 tsp of Ginger VW764

- 1 Add the basmati rice, seaweed and 1 tsp of salt to 1.25 litres of boiling water. Cook until rice is tender al dente. Remove from the heat and stand covered for 10 minutes to steam.
- **2** Meanwhile, make the dressing. Add the soy sauce, rapeseed oil, white onion, sesame oil, sugar, garlic and ginger to a bowl and whisk until combined.
- **3** Combine the diced tuna, thinly sliced cucumber, edamame beans and spring onion in a bowl. Drizzle with some of the dressing and toss to combine.
- **4** Divide the rice into serving bowls, topped with the tuna mixture above. Add the diced avocado and a little drizzle of dressing on top.
- **5** Garnish with toasted sesame seeds and serve.



# BBQ Glaze and Jerk Spiced Whole King Prawn Skewers

#### **INGREDIENTS**

12 Wild Atlantic Red Prawns FS1203Z

20g Garlic VW733

100ml Rapeseed Oil 490138

10g Santa Maria Jerk Spice Z499008

1 Plantain FW635

200ml BBQ Glaze 493426

Salt and Pepper to Taste

- 1 Mix the jerk spice, garlic and oil in a bowl to form a paste and marinate the prawns and plantain in this for 2 hours
- **2** Skewer the prawns, 3 on each alternating with 3 cubes of plantain, giving you 4 skewers.
- 3 Season and BBQ until just slightly under.
- **4** Roll in half of the BBQ glaze and return to the BBQ, be cautious they don't burn due to the sugar in the glaze.
- **5** Remove to the serving plate and drizzle with the left over glaze.
- 6 Serve with Caribbean style rice and peas.