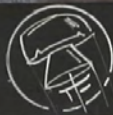


onal  
Fish & Chips  
LARGE for 10.25

# AT THE PUB

GUIDELINES  
FOR SAFE  
REOPENING  
  
SIMPLE  
MENU IDEAS  
  
FOODSERVICE  
ESSENTIALS





# WE'RE HERE FOR YOU

Helping our industry is our top priority during these unprecedented times, and Pallas Foods is here to support our customers through each phase of the COVID-19 recovery through a comprehensive range of solutions designed to help your business emerge stronger. For pub owners planning to resume trading, there are many factors to consider – from practical health and safety concerns to menu planning – and now is the time to put essential strategies in place. Pallas Foods has created this complete toolkit to help pubs reopen safely, taking all government guidelines into account. Here you will find menus tailored to meet your pub's specific needs, along with a simple breakdown of the staple ingredients, cleaning supplies, personal protective wear and catering essentials you'll need to manage a successful foodservice operation. Find the menu that suits your pub's facilities and capabilities: from basic soup and sandwich combos to an extensive restaurant-style offering, these menus provide a straightforward means to launching, expanding or streamlining your pub's food operation. At [pallasfoods.com](https://pallasfoods.com), we've created a resource hub dedicated to helping you reopen, grow and recover your business in the weeks ahead. You'll find expert information on topics such as sanitisation, must-have products and how to optimise your menu.

*We are in this together and committed to helping our customers and communities succeed.*

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### p.04 7 Key Steps to a Safe Reopening

A breakdown of expert advice on how best to open your pub.

### p.08 Simple Solutions

Serving a basic food menu with the minimum equipment and set up required.

### p.12 Pub Grub

Offering hot and cold food options suitable for a lunch trade, this menu requires minimum equipment and set up to operate.

### p.14 Pub Grub Plus

Building on Simple Solutions and Pub Grub, this menu offers a more extensive menu with deep-fried options.

### p.18 Full Service Pub

A restaurant-style offering highlighting value products and best-selling menu items.

### p.22 Pizza

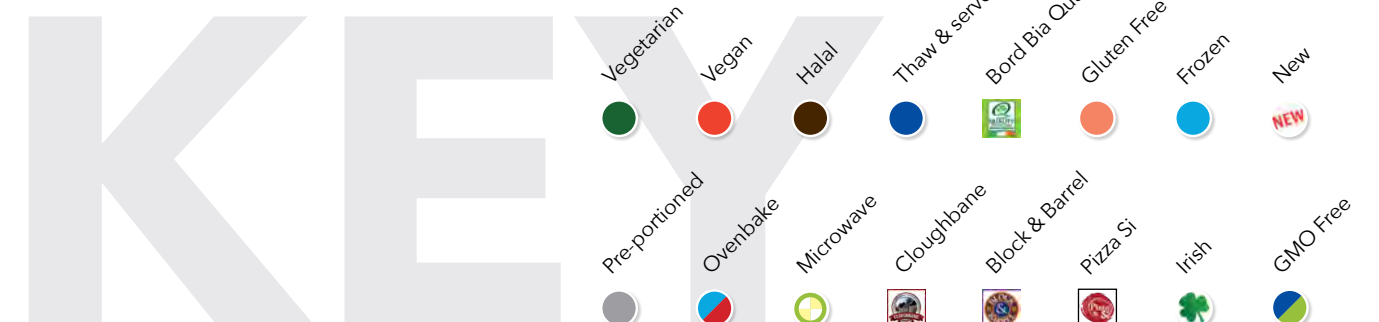
Adding pizza to any menu is a simple and guaranteed method for increasing revenue and expanding into a takeaway service.

### p.26 Desserts

The top desserts to include to increase sales and fulfil combo menus.

### p.30 Foodservice Essentials

From al fresco dining options and staple kitchen items to personal protective wear and cleaning supplies, these are the must-haves for any foodservice operation.



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Products are subject to change and stock availability. Please check complete product specifications with your call centre agent or Area Sales Manager.



# 7 KEY STEPS TO A SAFE RE-OPENING

## ASSESS RISK

Ensure that the risk assessment for your business addresses COVID-19. Use government information to inform decisions and consider how this will impact existing food safety management systems. Review and, where necessary, update HACCP procedures to cover any new changes in your business; for example, the introduction of takeaway/ food-to-go services should trigger a review.

- Update Safety and Health Plans, Safety Statement and other relevant documents to address all COVID-19 restrictions.
- Document the start-up checks undertaken.
- Inform the local food authority that the business is restarting, and of any changes to registerable activities.
- Prepare a COVID-19 Response Plan. For more information visit [www.ifsa.eu.com](http://www.ifsa.eu.com) and [www.failteireland.ie](http://www.failteireland.ie).



## COMMUNICATE

Make sure your plan of action is clearly outlined to all employees, and keep them in the loop as it's updated. An up-to-date list of the contact information of all employees, including emergency telephone numbers, should be readily available.

Regularly review all COVID-19 related signage throughout the premises to ensure they display the latest Government recommendations.

## TRAIN

Provide training to employees around all measures being adopted to manage the threat of COVID-19. Use the most appropriate training channels to do this. Make your employees aware that they must not attend work if they have symptoms.



## Food Safety and COVID-19 Safety

The main mode of transmission is from person to person. Food business operators must continue to apply their food safety management systems, based on the principles of HACCP, in addition to the introduction of COVID-19 safety management systems.







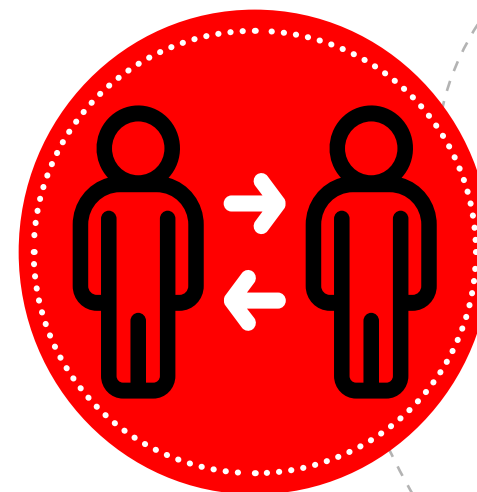
### CLEAN AND SANITISE

Ensure contact/touch surfaces such as table tops, work equipment, door handles and handrails are visibly clean at all times and are cleaned and disinfected very regularly. Implement a modified daily cleaning schedule and be sure that bathroom facilities, communal spaces and touchpoints are cleaned every 30-60 minutes. Hand sanitiser dispensers (touchless whenever possible) must be placed at all entrances and at specific points within the public areas of your establishment. All hand sanitisers must have a minimum alcohol content of 60%.

### KEEP A DISTANCE

Both employees and guests must be reminded to stand at least 2m away from others. This is reduced to 1m in a controlled environment once various safety measures are met. (For more information on what constitutes a controlled environment, see Appendix 1 in the Guidelines for the Reopening of Pubs document at [www.failteireland.ie](http://www.failteireland.ie).)

Rearrange tables, seating and couches to allow for this space, and ensure any queuing arrangements have clear distance markers. If you cannot ensure that employees stay the recommended distance apart at all times, alternative protective measures must be put in place, e.g. physical barriers between employees.



### KEEP CONTACTS

Customers should be asked to:

- **STOP** before entering to ensure that anyone exiting the premises has done so. They should check there is a space available for them before proceeding past this point.
- **SANITISE** their hands upon entering. You will need to sanitise seats and tables thoroughly after every use.
- **SIGN in**. You will need to collect names, addresses and contact details for one customer per group in a log-in book. Encourage patrons to bring their own pen; communal pens should be sanitised after every use.
- **SIT** and keep within the area marked on the floor. Table service is to be the standard wherever possible, and customers should remain sitting unless using the bathroom, paying, or leaving the premises.



### STAY INFORMED

Regularly review government guidelines as they adjust and evolve, and be prepared to make relevant changes where necessary.



**Find all the information you need to support you through a safe re-opening at:**  
[www.pallasfoods.com/resource-hub/customer-support-toolkit](http://www.pallasfoods.com/resource-hub/customer-support-toolkit)



# SIMPLE SOLUTIONS

We're here to make it as easy as possible for you to incorporate a food offering for the first time. Even where kitchen facilities are limited, keeping things simple is the key to a smooth transition into a post-Covid business. Leveraging a small variety of meal combos will help your new menu meet the €9 threshold with ease: soup and a sandwich is a classic combination that requires little in the way of expertise, and is appealing to any customer palate. This type of simple fare will sit happily alongside a range of drinks, keeping your customers happy, safe and satiated – and your tills well-fed, too.



**BRAKES MEDIUM SLICED WHITE LOAF**  
Frozen bread is ideal for the early days when you're still gauging demand, as it will stay fresh. Simply thaw and use for fresh sandwiches, or place in toaster bags and heat in the toaster or under the grill for a toasted option.



## SOUPS

SU178	Cream of Vegetable Soup	1x2Lt
SU185	Chicken & Vegetable Soup	1x2Lt
SU186	Tomato & Basil Soup	1x2Lt



## BREAD FOR SOUPS

P346Z	Sliced Wheaten Bread 2 Pack Wrapped	90x45gm
BR997Z	Bread Roll Wrapped	120x35gm



## INDIVIDUAL BUTTER PACKS

DY333	Dromon Butter	200x7gm
491455	Flora Original	200x10gm



## SANDWICH BREADS

102442	Brakes Medium Sliced White Loaf	1x8's
117489	La Boulangerie Sliced Sourdough Loaf	1x8's

### CREAM OF VEGETABLE SOUP

Ready to heat and serve with a bread roll and butter — the classic, simple pub lunch. A sprig of parsley makes a simple but attractive garnish.



### SLICED WHEATEN BREAD 2 PACK WRAPPED

Classic brown bread in handy individually-wrapped portions — simply thaw and serve with soup.



### DROMON BUTTER

Individually-wrapped pats of butter are essential for serving with soup.







**STREAKY BACON COOKED**

Ever-popular bacon, ideal for classic BLTs, bacon and egg breakfast sandwiches or over meat-lovers' pizzas.

**DICED COOKED CHICKEN FILLET**

Cooked chicken ready to be scattered over pizzas or use as a sandwich filling, with or without mayonnaise. Always remember that deli meats need to be kept chilled at all times.

**BLOCK & BARREL HAM BAKED SLICED**

Ideal for fresh sandwiches — whether pre-made or made to order — or those all-important toasties. Salad, coleslaw and crisps are perennially popular accompaniments.

**MOZZARELLA CHEDDAR MIX GRATED**

A ready-mixed blend of 50% Mozzarella, 25% white and 25% red Cheddar, ready for topping pizzas or piling into hot or cold sandwiches.



**CHICKEN & MAYO WITH SAGE & ONION STUFFING**

One of Ireland's most popular sandwich fillings, ready-mixed for your ultimate convenience.



**DELI STYLE COLESLAW**

Whether used as a sandwich filling or served as a side for cheese toasties, coleslaw is a guaranteed hit with customers.

**SALAD POTATO CHUNKY**

Always a popular side dish for sandwiches.

**PERRI CRISP CHEESE & ONION CATERING**

A must-have accompaniment for your range of sandwiches (and pints, of course!).



**DELI MEATS & CHEESE**

CM810	Block & Barrel Sliced Baked Ham		500gm
CM542	Irish Sliced Roast Beef		1Kg
CC748	Diced Cooked Chicken Fillet		2Kg
TY708	Sliced Superior Roast Gold Turkey		500gm
BC125	Cooked Streaky Bacon		1Kg
CH1078	Grated Mozzarella Cheddar Mix		1x2Kg



**SANDWICH FILLINGS**

490308	Chicken & Mayo with Sage & Onion Stuffing		1x1Kg
490309	Mashed Egg Sandwich Filling		1x2Kg
490311	Tuna & Sweetcorn Salad		1x1Kg



**STAPLE SIDES**

490737	Deli Style Coleslaw		1x2Kg
490990	Chunky Potato Salad		1x2Kg
459632	Perri Crisp Cheese & Onion Catering		9x200gm
491000	Coleslaw Dry Mix		1x2Kg



**FRESH VEG SANDWICH FILLINGS**

TM197	Tomatoes	1Kg
VP714	Sliced Red Onions	1Kg
VW705	Cucumber	1x14's
SL327	Mixed Leaves Bag	2x500gm
FW642	Washed Mixed Leaf Italian Salad	8x500gm
VP715	Mixed Sliced Peppers	1x1Kg



**SERVING STAPLES**

71511	Brakes Brilliantly Butterly Spread	2Kg
MS147	Kenny's Mayonnaise	2x2.27Lt
89408	Brakes Pepper Sachets	1x2,000's
89409	Brakes Salt Sachets	1x2,000's



**CUCUMBER**

Adds a refreshing crunch to salad sandwiches or side salads.

**SLICED RED ONIONS**

Red onions provide a milder flavour than white, making them ideal for use in sandwiches, including the pub favourite "toasted special" – ham, cheese, tomato and onion.

**MIXED LEAVES BAG**

A healthier lettuce option for BLTs and side salads.



**BRILLIANTLY BUTTERLY SPREAD**

Catering sizes of ever-popular spreads like butter and mayonnaise help to cut costs and minimise waste in the kitchen.





# PUB GRUB

Clever heat-and-serve menu items make it possible to offer your customers a selection of classic pub fare, while keeping your kitchen stress-free. Whether it's comforting pies or crave-worthy burgers and chips, these straightforward product combinations easily build into popular main courses that never go out of style. These full-meal menu options happily meet the €9 minimum spend requirement, and provide reassuringly familiar options for those venturing out into the world once more.



**BEEF & STOUT PIE**  
A hearty pub favourite that's frozen for convenient storage and simple to defrost overnight. Ideal served with a side salad and a baked potato.



## HOT MENU OPTIONS

490293	Cloughbane Beef Lasagne		1x2.6Kg
490664	Deli Cottage Pie		1x2.6Kg
490665	Cloughbane Chicken & Broccoli Bake		1x2.4Kg
RM870Z	Beef & Stout Pie		6x275gm
RM871Z	Steak & Kidney Pie		6x275gm
RM873Z	Chicken Leek & Ham Pie		6x275gm



## JACKET POTATO

3939	Brakes Baked Jacket Potato		35x230-290gm
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## SIDE SALADS

490737	Deli Style Coleslaw		1x2Kg
490987	Couscous Salad		1x2Kg
490990	Chunky Potato Salad		1x2Kg
490991	Broccoli, Carrot & Nut Salad		1x2Kg
490992	Spicy Rice Salad		1x2Kg
490994	Italian Pasta Salad		1x2Kg
490996	Chilli Noodle Salad with Chicken & Fresh Veg		1x2Kg
SA298	Chickpea & Roasted Pepper Salad		1x2Kg
SA300	Shredded Carrot & Seed Salad		1x2Kg
SA302	Beetroot Salad With Honey & Balsamic Vinegar		1x2Kg

**CLOUGHBANE BEEF LASAGNE**  
Handmade in Ireland using Irish ingredients — something worth mentioning on your menu! Serve the lasagne with a simple side salad or coleslaw, and a baked potato for a hearty pub meal.



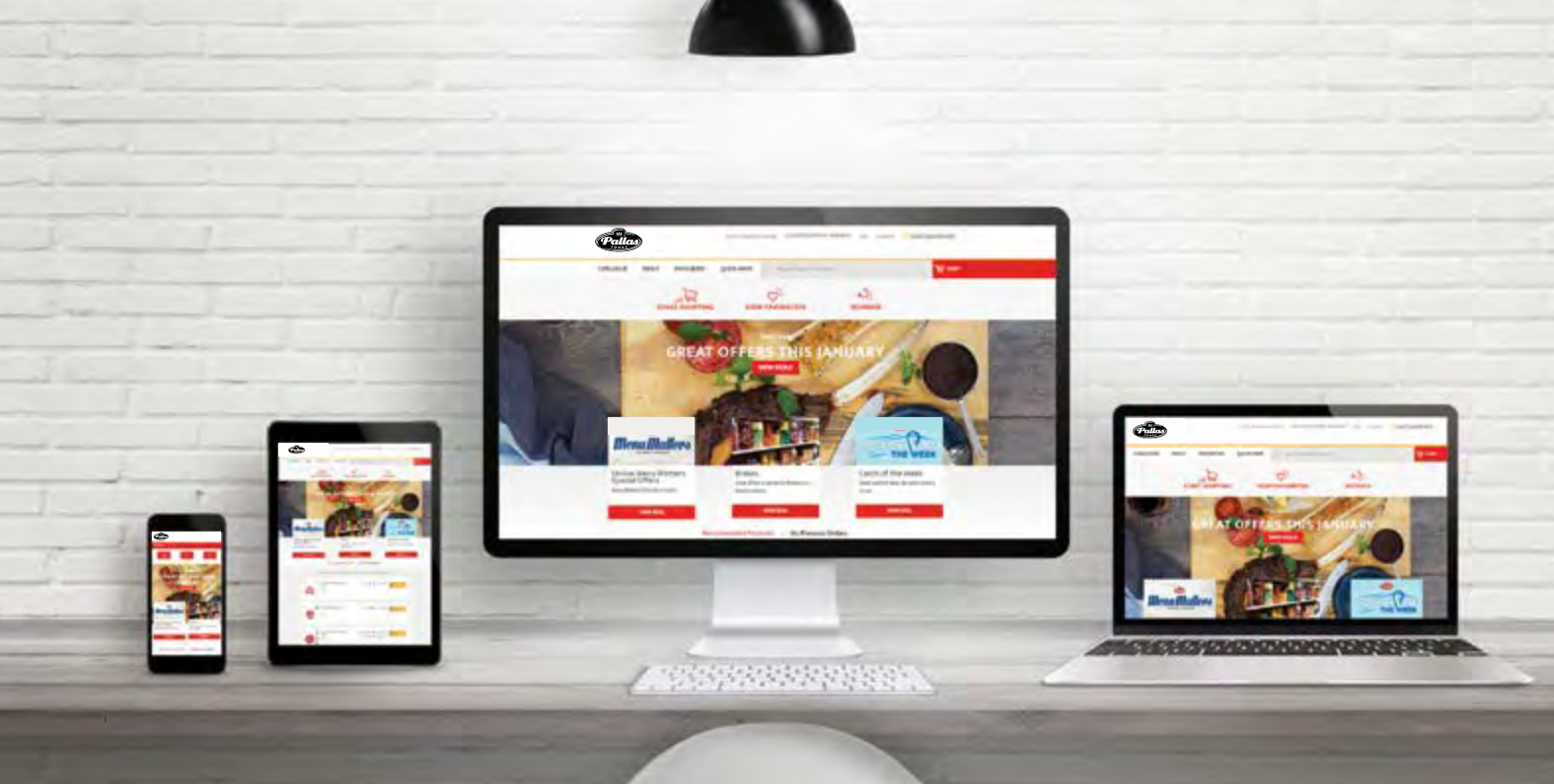
**BRAKES JACKET BAKED POTATO**  
Serve hot alongside a warm lasagne, pie or bake with an individual pat of butter.



Premade salads hit the sweet spot between convenient and nutritious. Offer a selection of two or three to give your customers a way to customise their meals without any extra work on your part.







# ONLINE ORDERING MADE EASY

We have created an *Online Ordering* website that adapts and responds to whichever device you are most comfortable with. If you prefer to create your order on a desktop PC or laptop, then edit it later using a smartphone or tablet, either at home or on the move, then rest assured that *Online Ordering* from Pallas Foods makes it a user-friendly and convenient experience.

Visit [pallasfoods.com/online](http://pallasfoods.com/online) or talk to your Area Sales Manager.



ONLINE ORDERING



## PUB GRUB PLUS

Adding a deep fryer to your kitchen capabilities opens up a whole new world of possibilities. Tasty fried favourites like fish and chips or onion rings are not only universally appealing and ready to serve in minutes, but their winning combination of salt, fat and crunch keeps those all-important pints in demand, too.





**BRAKES HADDOCK FILLET BATTER CRISP**  
Simply cook this pre-battered fillet in the deep fryer for the simplest way to deliver on the ever popular fish and chips.



## FISH & CHIPS

VP759Z	Brakes French Fries	4x2.5Kg
33563	Brakes Mushy Peas	6x2.5Kg



3334  
**BRAKES BATTER CRISP HADDOCK FILLET**  
18x170-200gm



89732  
**BRAKES TARTARE SAUCE**  
2x2.27Lt

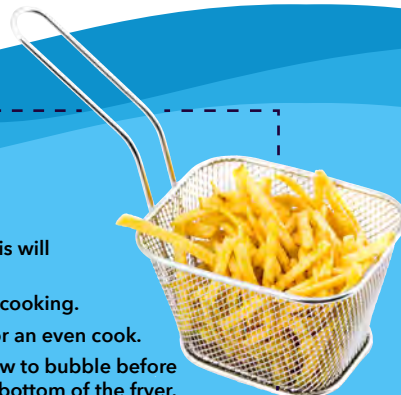


## SCAMPI & GOUJONS

FS962Z	Whitby Scampi Coated in Breadcrumbs	10x450gm
CC806Z	Cooked Breaded Chicken Goujons	10x1Kg

### FRYER TIPS

- Don't overfill the fryer.
- Allow oil to cool before cleaning.
- Always use fresh, good quality oil so as not to taint the food.
- Do not over-crowd the fryer, especially with frozen foods – this will quickly drop the temperature of the oil.
- Salt can cause the oil to splatter, so season immediately after cooking.
- If cooking from raw, cut the pieces as uniformly as possible for an even cook.
- If using a batter, dip half of the product into the fryer and allow to bubble before adding it all in; this will prevent the food from sticking to the bottom of the fryer.



**FLAMED GRILLED IRISH BEEF BURGER**  
Every menu needs a burger: this pre-cooked, flamegrilled Irish beef burger only requires reheating and your toppings of choice to serve.



## BURGER FAVOURITES

49262Z	Flamed Grilled Irish Beef Burger	4x990gm
CC625Z	Breaded Chicken Burger	60x100gm
3625	Sliced Sesame Seed Burger Bun 5"	1x48's
MS151	Kenny's Burger Sauce	2x2.27Lt



## STAPLE SAUCES

MS632	Kenny's Malt Vinegar Sachets	200x8ml
MS631	Kenny's Real Mayonnaise Sachets	200x15ml
MS636	Kenny's Tomato Ketchup Sachets	200x15gm

**SLICED SESAME SEED BURGER BUN 5"**  
Give these sesame buns a light toast before serving.

**KENNY'S BURGER SAUCE**  
You can use a combination of mayo and ketchup to make the base of a burger sauce, or save a step and opt for this pre-mixed sauce.





# FULL SERVICE PUB

If your pub has always included a full restaurant-style offering, then good news: you're already ahead of the curve. What you need now is a smart menu with a strong selection of best-selling items that will guarantee easy sales, especially in these early days. Should you need to reduce your spend as you reopen, consider our range of products that are reassuringly cost-effective while still maintaining the quality you need to you're your customers satisfied.



**FAS FROZEN HADDOCK**  
Perfect for use with the batter, skin-on chips, mushy peas and tartare sauce for the classic pub dinner – or serve the battered haddock in brioche buns for a fancy fish burger.



## DELUXE FISH & CHIPS

36171	FAS Frozen Haddock	3x6.8Kg
85715	McDougall's Batter Mix	4x3.5Kg
110934	Brakes Skin On Random Chips	4x2.5Kg
Z464606	Batchelors Mushy Peas	12x624gm
Z418601	Colman's Tartare Sauce	2x2.5Lt



## BANGERS & MASH

PK038	Premium Pork & Chive Sausages	2x1Kg
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VG864Z  
**AVIKO PREMIUM POTATO MASH**  
4x2.5Kg



Z414386  
**KNORR QUICK GRAVY POWDER**  
3x1.2Kg

### BRAKES SKIN ON RANDOM CHIPS

A kitchen staple that can be used across your entire menu — a considerable time saver.



### PREMIUM PORK & CHIVE SAUSAGE

Pair with gravy and mashed potato for bangers and mash - the ultimate pub comfort food.



### BRAKES WHOLE GIANT BATTERED ONION RINGS

A tempting side dish that's easy to upsell, or a luxurious addition to bangers and mash.



## BACON & CABBAGE

BC202	Irish Rindless Bacon Loin	5-6.5Kg
VP703	Shredded Cabbage	1x1Kg







**CHICKEN BREASTMEAT DICED**  
The ever-popular lean protein, ready for use in any curry or stir-fry



Z494064  
**SANTA MARIA SRIRACHA SAUCE**  
1x980gm



109268  
**BRAKES BOURBON BBQ SAUCE**  
2x2.2Kg



**KNORR MEDIUM CURRY SAUCE**  
Offer your curry with rice, chips or half-and-half to satiate Irish consumers' love of carbohydrates!



**BRIOCHE STYLE BURGER BUN 4"**  
A versatile bun that adds an upgraded touch to beef, chicken fillet or veggie burgers.



## CURRY

C225	Diced Chicken Breast Meat		2.5Kg
C63	Diced Chicken Thigh Meat		2x2.5Kg
Z414373	Knorr Medium Curry Sauce		2x2.25Lt
16805	Brakes Easy Cook Parboiled Basmati Rice		1x5Kg



## PREMIUM BURGER

BF2960	Irish Hereford Prime Beef Burgers		16x227gm
BR461Z	Brioche Style Burger Buns 4"		48x88gm



CC439Z  
**GLOBAL FARMS COOKED BREADED CHICKEN FILLET**  
4x24x90-110gm



CH1626  
**DUBLINER SLICED CHEESE**  
1x1Kg



## CHICKEN WINGS

CC925Z	Steam Cooked Chicken Wings		4x2.5Kg
109268	Brakes Bourbon BBQ Sauce		2x2.2Kg
Z494064	Santa Maria Sriracha Sauce		1x980gm
89714	Brakes Blue Cheese Dressing		2x2.27Lt
VW809	Celery		1x14's



## SPAGHETTI CARBONARA

PA418	Pasta Zara Spaghetti		20x500gm
MS605Z	Surgital Carbonara Sauce		4x1Kg



## STEAK AND CHIPS

BF428	Irish Nature Beef Rib Eye Steaks (Wrapped)		10x227gm
30926	Brakes Giant Whole Battered Onion Rings		1x500gm
VP734	Bravi Gold Par Fried Chips		2x5Kg



## IRISH STEW

LM105	Traditional Diced Irish Lamb Stew		1x2.5Kg
491024	Prepared Stew Mix		2Kg



## BBQ RIBS

PK404Z	BBQ Coated Cooked Pork Spare Ribs		1x10Kg
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### STEAM COOKED CHICKEN WINGS

These pre-cooked chicken wings simply need to be heated through in the deep-fryer or oven, and tossed in the customer's choice of sauce.



### BRAKES BLUE CHEESE DRESSING

Allow your customers their choice of wing sauce — but a side of blue cheese dip is a must!

### COOKED PORK SPARE RIBS BBQ COATED

Convenience is key with these pre-cooked, ready-sauced ribs. All you need to do is heat through and serve!



### TRADITIONAL IRISH STEW DICED (LAMB)

Quality Irish lamb, diced and ready for slow-cooking.







# PIZZA

Beloved across all customer demographics, pizza is a guaranteed win on your menu. It's also an easy way to incorporate a takeaway service into your offering, increasing your revenue with no extra effort. Our ready-to-cook range requires little from your kitchen staff and can be easily customised for individual customers. A speedy cooking time is an added bonus; with pub visits limited to 105 minutes, many of your clientele will be time-conscious and eager for a quick-fix option. For a smart way to cut down on ordering, double up on how you use your products: many popular pizza toppings can be used as fillings for both hot and cold sandwiches, streamlining your needs and creating cost and labour efficiencies when you need them most.



## BASE & SAUCE

PZ139	Pizza Si Pizza Bases & Tomato Sauce 12 Inch			1x48's
PZ136	Pizza Si Extra Thin Pizza Base & Tomato Sauce 11 Inch			1x54's



## SAUCED PIZZA BASES

PZ161Z	Pizza Si Sauced Artisan Pizza Base 10 Inch				1x15's
PZ162Z	Pizza Si Sauced Artisan Pizza Base 9 Inch				1x20's
PZ160Z	Pizza Si Sauced Artisan Pizza Base 12"				1x36's



## TOPPINGS

CM286	Sliced Pepperoni	1Kg
VW747	Traffic Light Peppers	10x500gm
491019	Sliced Mushrooms	1Kg



## PIZZA BOXES

PZ137	Pizza Si Branded Pizza Box 12 Inch		1x100's
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Perfect for sharing or as a takeaway option for increased revenue, pizza is always a popular menu option. Sandwich ingredients like ham, cheese, salami, chicken, sweetcorn, onion, tomato and peppers easily double as pizza toppings too.



## THE GOURMET PIZZA BUSINESS SOLUTION

Italian-made products to help restaurants, hotels, cafés and pubs reinvent their pizza offering!

- Artisan Pizza Bases
- Gluten Free Options
- Utensils
- Pizza Boxes
- Staff Training



51cm (h) x 34cm (w) x 54cm (d)

### BUY OR RENT STONE BAKE PIZZA OVEN

- Bake Authentic Italian Pizzas
- All Equipment Provided
- Trial Period



### READY-TO-COOK PIZZAS

PZ163Z Pizza Si Margherita Pizza 11 Inch

1x15x28cm



PZ178Z  
PIZZA SI PEPPERONI PIZZA 12 INCH  
1x12x30cm



PZ196Z  
PIZZA SI STONE BAKE MARGHERITA PIZZA 12"  
20x395gm



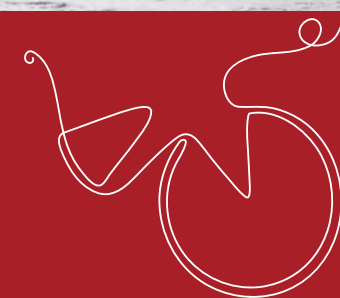
PZ180Z  
PIZZA SI HAWAIIAN PIZZA 12 INCH  
1x12x30cm



PZ179Z  
PIZZA SI MARGHERITA PIZZA 6"  
40x135gm

Contact your local Pallas Representative or Pizza Si for more details.

[www.pizzasie.ie](http://www.pizzasie.ie) [info@pizzasie.ie](mailto:info@pizzasie.ie)







# DESSERTS

Little luxuries have become more important in the past few months than ever before, and many customers will view the return to Irish pub culture as cause for celebration. Be sure to offer a range of sweet treats – even a limited selection – in order to meet this demand.



**SALAMANDER DEEP APPLE TART**  
Warm this in the oven or microwave, then serve with vanilla ice cream or crème anglaise.



## TRADITIONAL APPLE TART

490018	Salamander Deep Apple Tart	 1x12ptn
IC214Z	Bourbon Dairy Vanilla Ice Cream	  2x5Lt



## PERFECT PUDDINGS



CE1377Z  
**INDIVIDUAL BREAD & BUTTER PUDDING**  
12x175gm

Heat this pudding in the microwave or warm in the oven to crisp the top, then serve with crème Anglaise.





4225  
**BRAKES STICKY TOFFEE PUDDING**  
16x120gm

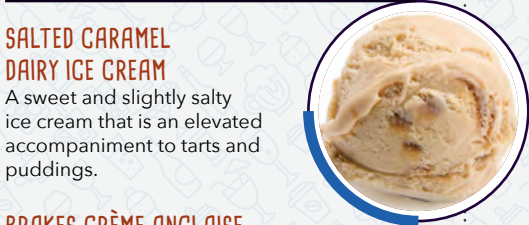
Warm this indulgent pudding in the microwave and serve with salted caramel ice cream.

IC315Z	Salted Caramel Dairy Ice Cream	  2x5Lt
16295	Brakes Crème Anglaise	12x1Lt



## CLASSIC FAVOURITES

DT250Z	Cream Profiteroles	  275x14.5gm
2379	Brakes Chocolate Sauce	12x1Lt
X477	Crème Brulée	6x1Lt



**SALTED CARAMEL DAIRY ICE CREAM**  
A sweet and slightly salty ice cream that is an elevated accompaniment to tarts and puddings.

**BRAKES CRÈME ANGLAISE**  
Perfect for tarts and traditional puddings.



**CRÈME BRULÉE**  
Cook slowly on a stove to 70°C, then portion and chill before serving.



**CREAM PROFITEROLES**  
Simply serve the profiteroles chilled, then heat the chocolate sauce for an indulgent and easy dessert.







F325Z  
**RED FRUIT COULIS**  
1x500gm

Bursting with fresh flavour, this is a light dessert that can be served chilled with the red fruit coulis drizzled over.

# PROVIDE SAFE TABLESIDE ORDERING WITH FLIPDISH

Flipdish web ordering and mobile apps provide a new solution to table ordering in your restaurant, café, bar or hotel.



Customers order conveniently from their exact location, securing revenue for your business while freeing up staff and limiting in-person contact. With a branded website and app, powered by Flipdish, business owners directly accept online orders without listing on aggregator platforms, at a lower cost and with more control over the customer experience.

## WHAT ELSE CAN FLIPDISH OFFER YOUR BUSINESS?

- Amplify your digital presence with your own branded website and app
- Manage orders in real time – view order details, customer information and delivery locations
- Encourage repeat orders with customisable discounts, voucher codes and free push notifications
- Gain valuable insights with sales metrics and customer data on your dashboard



Sign up at [www.pallasfoods.com/resource-hub/flipdish](http://www.pallasfoods.com/resource-hub/flipdish)



## SERVE FROM CHILLED

### DEATH BY CHOCOLATE CAKE

Transform this into a warm, molten chocolate cake by simply heating in the microwave.



CE2020Z  
**IRISH CREAM LIQUEUR BROWNIE CHEESECAKE**  
1x14ptn

A fusion of popular staple desserts, simply serve this decadent slice chilled.



DT707Z  
**RASPBERRY & WHITE CHOCOLATE ROULADE**  
20x72gm

Bursting with fresh flavour, this is a light dessert that can be served chilled with the red fruit coulis drizzled over.



DT741z  
**TRADITIONAL TRIFLE**  
12x125gm

Serve this trifle straight from chilled.



Z2205  
**WHITE CHOCOLATE & RASPBERRY TRAYBAKE**  
1x42ptn

An easy traybake dessert that can be served chilled.



## CHOCOLATE CRAVINGS

490974 Death By Chocolate Cake 1x14ptn





Sold in  
convenient  
packs of six –  
order only what  
you need!



## NATURAL Lifestyle

493203	Lifestyle Natural Low Cup 22cl	Case of 6
493209	Lifestyle Natural Saucer 15cm	Case of 6
493201	Lifestyle Natural Espresso Cup 9cl	Case of 6
493208	Lifestyle Natural Saucer 12cm	Case of 6
493388	Lifestyle Natural Mug 30cl	Case of 6
493199	Lifestyle Natural Bowl 15cm	Case of 6
493205	Lifestyle Natural Pasta Plate 26cm	Case of 6

493206	Lifestyle Natural Pasta Plate 29cm	Case of 3
493207	Lifestyle Natural Rimmed Plate 28cm	Case of 6
493202	Lifestyle Natural Flat Plate 30cm	Case of 3
493200	Lifestyle Natural Oval Platter 28cm	Case of 6
493204	Lifestyle Natural Oval Platter 32cm	Case of 3
493210	Lifestyle Natural Soup Bowl 50cl	Case of 6
493211	Lifestyle Natural Soup Bowl Cover	Case of 6



## RAINFOREST Lifestyle

493173	Lifestyle Rainforest Pasta Plate 29cm	Case of 3
493174	Lifestyle Rainforest Rimmed Plate 28cm	Case of 6
493170	Lifestyle Rainforest Flat Plate 30cm	Case of 3

493171	Lifestyle Rainforest Oval Platter 28cm	Case of 6
493172	Lifestyle Rainforest Oval Platter 32cm	Case of 3



## ARTICBLUE Lifestyle

493155	Lifestyle Arcticblue Deep Bowl 26cm	Case of 6
493156	Lifestyle Arcticblue Flat Plate 21cm	Case of 6

493339	Lifestyle Arcticblue Flat Plate 30cm	Case of 3
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## VOLCANO Lifestyle

493339	Lifestyle Volcano Dip Bowl 9cl	Case of 6
493341	Lifestyle Volcano Jug 10cl	Case of 6
493178	Lifestyle Volcano Bowl 17cm	Case of 6

493355	Lifestyle Volcano Deep Bowl 26cm	Case of 6
493356	Lifestyle Volcano Flat Plate 24cm	Case of 6
493179	Lifestyle Volcano Flat Plate 30cm	Case of 3



## EBONY & DEEP LAGOON Lifestyle

493179	Lifestyle Ebony Deep Bowl 26cm	Case of 6
493179	Lifestyle Ebony Flat Plate 30cm	Case of 3
493381	Lifestyle Deep Lagoon Dip Bowl 9cl	Case of 6

493157	Lifestyle Deep Lagoon Bowl 15cm	Case of 6
493340	Lifestyle Deep Lagoon Deep Bowl 26cm	Case of 6
493158	Lifestyle Deep Lagoon Flat Plate 30cm	Case of 3

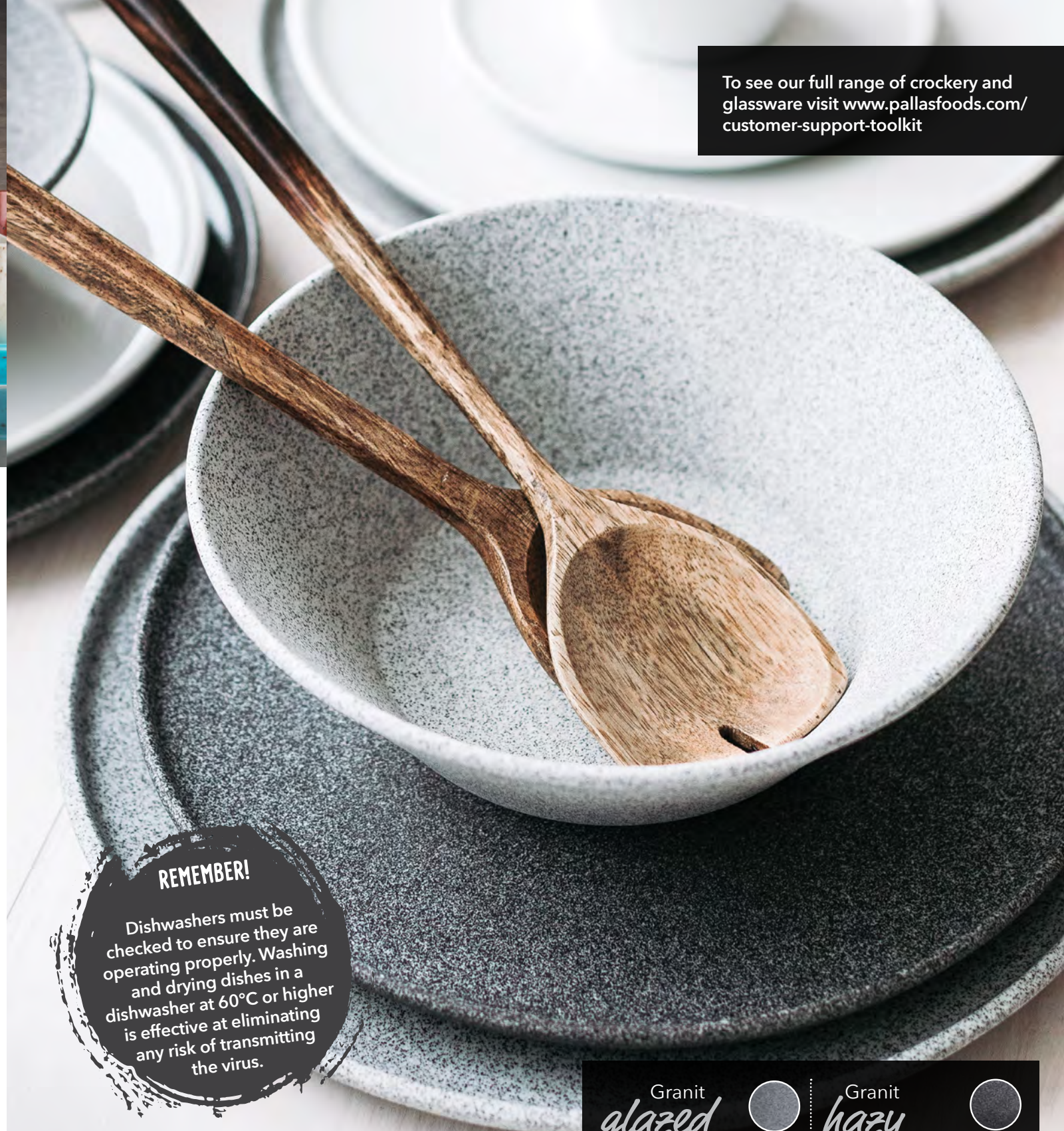


## HIGHLAND Lifestyle

493168	Lifestyle Highland Pasta Plate 29cm	Case of 3
493169	Lifestyle Highland Rimmed Plate 28cm	Case of 6

493167	Lifestyle Highland Flat Plate 30cm	Case of 3
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To see our full range of crockery and glassware visit [www.pallasfoods.com/customer-support-toolkit](http://www.pallasfoods.com/customer-support-toolkit)



**REMEMBER!**  
Dishwashers must be checked to ensure they are operating properly. Washing and drying dishes in a dishwasher at 60°C or higher is effective at eliminating any risk of transmitting the virus.

# GRANIT

493163 FLAT PLATE 24CM Case of 6	493166 FLAT PLATE 24CM Case of 6
493337 FLAT PLATE 26 CM Case of 6	493338 FLAT PLATE 26 CM Case of 6
493161 BOWL 20CM Case of 6	493165 BOWL 20CM Case of 6
493162 DEEP PLATE 27CM Case of 3	493164 DEEP PLATE 27CM Case of 3





# FOODSERVICE ESSENTIALS

Whether you're on the hunt for additional cleaning and sanitising supplies, or simply running low on the basics, our wide range of foodservice essentials is sure to have what you need. Make sure you're well stocked for the challenging months ahead by ordering in bulk – these products have no expiration date.

## BRAKES & FUSION RANGES

Ready-to-use and concentrated chemicals

490926	Brakes Thick Bleach – general purpose bleach	2x5Lt
114610	Brakes Washing Up Liquid – excellent manual dish wash detergent	2x5Lt
87078	Brakes Liquid Degreaser – concentrated degreaser liquid for heavy grease build ups	2x5Lt
88401	Brakes Oven & Grill Foam Cleaner – foam cleaner designed to tackle carbonised food build ups	3x750ml
494080	Fusion Surface Sanitiser – food safe spray	2x5Lt
494081	Fusion Hard Surface Bacterial Cleaner	2x5Lt
494082	Fusion Surface Sanitiser – food safe ready to use spray	6x750ml



## SURFACE WIPES

494107	Antibacterial Surface Wipes	tub of 200
494108	Antibacterial Surface Wipes	tub of 1,000
494223	K Pro Disinfectant Wipes	tub of 1,000

## KITCHEN WIPING PAPER

PD9018	Blue Roll 6x150m Food Grade – produced in Ireland	6
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## CLEANING CHEMICALS

User-friendly chemicals designed to sanitise your premises in advance of re-opening

E10087	Mikro Quat Classic - Hard surface disinfective, Ecolab's product is certified to destroy all bacteria and viruses	2x5Lt
490572	Pelican Pump	1

## DIVERSEY'S CONCENTRATED CHEMICALS

In easy-to-use dispensers, so as to be simple, safer and smarter

119199	Smartdose Suma D10 Disinfectant and Sanitiser – cleans and sanitises in one move	2x1.4Lt
119309	Smartdose Sani 4 in 1 – complete washroom solution that descales, disinfects and de-odourises	2x1.4Lt
119198	Smartdose Bottles – bottle kits for Smartdose	6x500ml

## HAND SANITISER

Alcohol-based sanitisers

493859	Soltec 70% IPA Liquid hand Sanitiser	1x5Lt
493733	Pure Hand Sanitiser Liquid	1x500ml
490572	Pelican Pump	1
494209	Fusion Alcohol Hand Sanitiser Gel	24x75ml
494234	Fusion Alcohol Hand Sanitiser Gel	2x5Lt
494227	Fusion Alcohol Hand Sanitiser Gel - 500ml with build in pump	1x12
494276	Wall Bracket - to hold 500ml bottle	Case of 1

## CLOTHS AND SPONGES

Semi disposable cloths, designed for use with the colour coding system to eliminate cross contamination

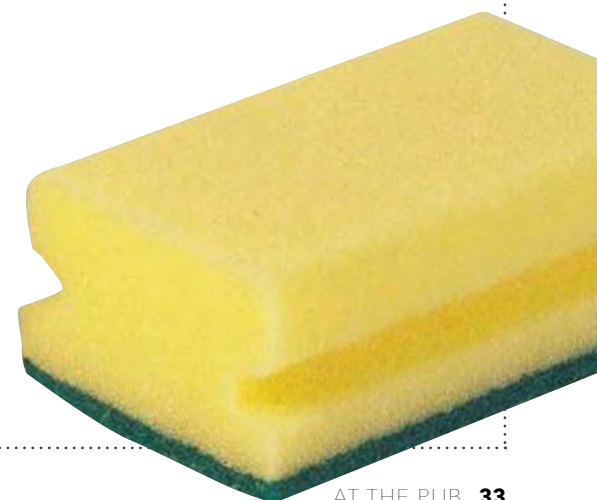
PD9112	Blue All Purpose Cloths	50
PD9905	Green All Purpose Cloths	50
PD9906	Red All Purpose Cloths	50
PD9907	Yellow All Purpose Cloths	50

Micro fibre cloths, suitable for surfaces throughout your premises

492532	Blue Microfibre Cloth	10
492535	Yello Microfibre Cloth	10
492533	Green Microfibre Cloth	10
492534	Pink Microfibre Cloth	10
PD8766	Checked Tea Towel	10

Scourers, ideal for all the tough kitchen jobs

PD9914	Heavy Duty Green Scourer 11.5cm x 15cm	20
PD9060	Galvanised Wire Pot Scrub 15g	25
CS10501	Stainless Steel Wire Pot Scrubs 40g	10
PD9062	Sponge Scourer Nylon	10





## CLEANING EQUIPMENT

### Mops & Handles

491035	Blue Interchange Handle	1
491037	Green Interchange Handle	1
491039	Red Interchange Handle	1
491036	Yellow Interchange Handle	1
491031	Blue Mop Freedom Stayflat 16oz	1
491032	Green Mop Freedom Stayflat 16oz	1
491034	Red Mop Freedom Stayflat 16oz	1
491033	Yellow Mop Freedom Stayflat 16oz	1

### Mops Buckets

490342	Bucket & Wringer Blue 24Lt	1
490343	Bucket & Wringer Green 24Lt	1
490341	Bucket & Wringer Red 24Lt	1
490344	Bucket & Wringer Yellow 24Lt	1

### Brooms & Mop Equipment

490452	Hygiene Broom Soft Blue 12"	1
490375	Blue Floor Squeegee 18"	1
490363	Blue Deck Scrub 9.5"	1
490550	Wet Floor Sign (A) 2 Sides	1
CS9393	Lobby Dustpan & Brush	1



## PPE - PERSONAL PROTECTIVE EQUIPMENT

### Personal Protective Equipment for your staff and customers

494160	Hygiene Face Masks - disposable	50
493880	Face Shields - disposable with adjustable head strap	400
493856	White Plastic Disposable Aprons - flat pack	100

### Hairnets

PD8410	Brown Hair Net	200
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### HOUSEHOLD GLOVES

PD8126	Medium Household Gloves	10 Per Pack
PD8127	Large Household Gloves	10 Per Pack

### VINYL GLOVES POWDERED BLUE

PD8102	Medium Powdered Blue Vinyl Gloved	100 Per Pack
PD8100	Large Powdered Blue Vinyl Gloves	100 Per Pack

### VINYL GLOVES POWDERED CLEAR

PD8106	Medium Powdered Clear Vinyl Gloves	100 Per Pack
PD8104	Large Powdered Clear Vinyl Gloves	100 Per Pack

### HEAVY DUTY GLOVES

PD9804	Medium Outdoor Black Rubber Gloves	12 Per Pack
PD9803	Large Outdoor Black Rubber Gloves	12 Per Pack

### VINYL GLOVES POWDER FREE BLUE

PD8141	Medium Blue Vinyl Gloves Powder Free	100 Per Pack
PD8142	Large Blue Vinyl Gloves Powder Free	100 Per Pack

### VINYL GLOVES POWDER FREE CLEAR

PD8120	Medium Clear Vinyl Gloves Powder Free	100 Per Pack
PD8121	Large Clear Vinyl Gloves Powder Free	100 Per Pack



## BAGASSE CONTAINERS

High-quality compostable packaging, ideal for burgers, sandwiches and salads

PD11147	Bagasse Burger Box 6"	500
PD11164	Bagasse Clamshell Lunch Container 7"	250
PD1239	Bagasse Clamshell Container 9x6"	200
PD1240	2 Compartment Bagasse Clamshell Container 9x6"	200
PD1241	Bagasse Plate 7"	500
PD1245	Bagasse Plate 9"	500
PD3023	Biodore Round Plate 26cm	500
PD11166	Biodore Bowl 350ml	500
PD11158	Biodore Square Plate 26x26cm	500

## CORRUGATED COMPOSTABLE CONTAINERS

Lightweight Kraft Design, sturdy with good heat insulation

493453	Burger Box #8 Compostable Corrugated Clam shell (MP1)	250
493455	Large Lunch Box #10 Compostable Corrugated Clam shell (HP3)	200
493456	Menu Box #12 Compostable Corrugated Clam Shell (HP4)	150
493457	Hot Dog #13 Compostable Corrugated Clam shell	200
493459	Portion Tray #99 Compostable Corrugated - 146x106x25mm	600

## COFFEE CUPS AND LIDS

Double wall ripple, Kraft and compostable options

PD1071	12oz Black Double Wall Cross Ripple Coffee Cups	500
PD6558	8oz Black Double Wall Cross Ripple Coffee Cups	500
PD1517	White Lid For 8oz Coffee Cups	1,000
PD1518	White Lid For 12oz Coffee Cups	1,000
PD9917	8oz White Embossed Compostable Coffee Cup	1,000
PD9916	12oz White Embossed Compostable Coffee Cup	500
PD1231	Compostable Black Lid For 8oz Coffee Cups	1,000
PD1232	Compostable Black Lid For 12oz Coffee Cups	1,000
PD9899	4 Cup Carrier Tray Per Case	220
PD3775	Wooden Stirrers	5,000





## STREET FOOD TO GO

*Suitable for microwave heating*

PD11129	26oz Round Noodle Box Brown	500
PD11130	16oz Round Noodle Box Brown	500
PD11151	12oz Kraft Soup Container With Lid	250
PD11150	16oz Kraft Soup Container With Lid	250
PD4631	½lb Kraft Food Tray	1,000
PD9655	1lb Kraft Food Tray	1,000



## KRAFT CONTAINERS

*Ideal for all salads and sides, complete with clear lids*

PD1229	750ml Kraft Bowl	300
PD1230	1300ml Kraft Bowl	300
PD1252	Lid For 750 Kraft Bowl	300
PD1254	Lid For 1300ml Kraft Bowl	300



## KRAFT FOOD CONTAINERS

PD8764	45oz Kraft Food Container No.8	300
PD8765	26oz Kraft Food Container No.1	450

## PORTION POTS

*Ideal for all sauces, dressings and dips*

PD1541	2oz Clear Portion Pot Container	2,400
PD1540	Lid For 2oz Portion Pot Container	2,400

## TAMPER-PROOF POTS

*Airtight strong plastic clear pots, suitable for reheating and resealing*

PD9860	Tamper Proof Pots 520ml Tub & Lid	380
PD9862	Tamper Proof Pots 240ml Tub & Lid	448

## BAGS

PD4547	Brown Handle Paper Bag Sm 7x10.5x9"	250
PD4548	Brown Handle Paper Bag Lg 10x5.5x12"	250
PD7513	Clarity Toasting Bags 15x18cm	1,000
PD11084	Panvas Square Case	500
PD11085	Panvas Jumbo Case	500
PD11086	Panvas Bag Case	500



# Our Team of Specialists

At Pallas Foods we believe in supporting our customers to grow their businesses. To enable this, we have a dedicated team of product specialists available to assist and consult on product range, Selection, sustainability and profitability.

This team of experienced specialists assist our customers to create menus and offerings to meet their changing requirements throughout the year. To learn more, speak to your Area Sales Manager today.

### Catering Essentials

Advisors on the latest crockery and tableware innovation with Packaging and cleaning knowledge to ensure the highest standards.

### Seafood

Sourcing the Best seasonal Fresh and frozen fish and seafood from Ireland's coast and beyond.

### Culinary

Our Business Review team consult on menu improvements, gross margin and the latest food trends from Ireland and beyond.

### Centre of Plate

Rich tradition and expertise in beef, pork, lamb and poultry to devise the most suitable menus for customer requirements.

### Bakery

Our team is available to advise on the most suitable Bakery, dessert and ingredients range to suit culinary capabilities.

### Fresh Produce

A dedicated team to identify the Freshest and finest local and international produce to accompany every menu option.

### Beverages

Our experts advise on hot beverages, soft drinks, wine and more for the most suitable accompaniment to suit menu design.





## PIZZA BOXES

PD10070	12" Kraft Brown Pizza Box	100
PD11185	14" Kraft Brown Pizza Box	100

## FISH & CHIP BOXES

PD8175	Corrugated Fish & Chips Box 25.5cmx15cmx5cm	100
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## CUTLERY

Build the customer experience with ready to go cutlery and napkins

### WOODEN CUTLERY

PD3520	Wooden Knife	1x1,000's
PD3521	Wooden Fork	1x1,000's
PD3518	Wooden Dessert Spoon	1x1,000's
PD3519	Wooden Teaspoon	1x1,000's

### PLASTIC CUTLERY

PD3532	Black Heavy Duty Knife	1x1,000's
PD3506	Black Disposable Heavy Duty Fork	1x1,000's
PD3509	Black Disposable Heavy Duty Soup Spoon	1x1,000's
PD3525	Black Disposable Heavy Duty Teaspoon	1x1,000's

### CUTLERY SETS

494244	3-in-1 Clear PS Cutlery Set - Fork, Knife & 2ply Napkin	300
494077	Compostable CPLA Cutlery Set - Fork, Knife, Spoon and Napkin in Bio pack	250



## NAPKINS

Tork quality napkins

PD11035	Tork Linstyle Luxury Airlaid Dinner Napkin 8 fold	600
PD9891	Tork Natural Dinner Napkin 2ply 8 fold	1,800
PD4047	Tork White Dinner Napkin 2ply 8 fold	1,800
PD9089	Tork White Lunch Napkin 2ply 4 fold	2,000



## AIRTIGHT CONTAINERS

A range of colour-coded containers for straightforward food storage

490899	Airtight 1/6 x 150mm G/N Container with Lid	1
490897	Airtight 1/4 x 150mm G/N Container with Lid	1
490891	Airtight 1/3 x 150mm G/N Container C/W Lid	1
490890	Airtight 1/2 x 150mm G/N Container C/W Lid	1
490888	Airtight 1/1 x 150mm G/N Container with Lid	1



## BUFFET AND FOOD PRESENTATIONS

490353	Cake Stand Stainless Steel 12" (30cm)	1
490510	Round Food Cover 30cm	1
CS4377	Patisserie Upturn Footed Plate	1
490236	Patisserie Dome 12.5" (32cm)	1
CS10217	Menu-Message Boards Acacia Foot H31.7 x L21 x W3.5cm	6
CS2301	Liquid Chalk Makers - 5 colour pens	1



## FOOD THERMOMETER

CS4734	Calibrated Foldable Thermometer	1
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## FOIL, FILM & PARCHMENT

492344	Premier Cling Film 12"x300m	
492324	Premier Cling Film 18"x300m	
492345	Premier Tin Foil 18"x75m	
14780	Migi Baking Parchment 45cmx75m	



## FOOD DAY LABELS

Colour coded

PD9047	Removable Mon Blue Item, Date, Use By 2x2 Label	500
PD9046	Removable Tues Yellow Item, Date, Use By 2x2 Label	500
PD9045	Removable Wed Red Item, Date, Use By 2x2 Label	500
PD9044	Removable Thu Brown Item, Date, Use By 2x2 Label	500
PD9043	Removable Fri Green Item, Date, Use By 2x2 Label	500
PD9042	Removable Sat Orange Item, Date, Use By 2x2 Label	500
PD9041	Removable Sun Black Item, Date, Use By 2x2 Label	500
PD9039	Removable Use First Label 2" Circle 500 Per Roll	500
PD9040	Removable Shelf Life Label 2x4" 500 Per Roll	500
PD9117	Removable Allergy Safety Label	500
PD9871	Plastic Label Dispenser (for 7 rolls of 50mm labels)	1
PD9885	Plastic Label Dispenser (for 1 roll of 50mm labels)	1



## CHOPPING BOARDS

Colour coded

CS200	Chopping Board Holder Unit of 1	1
CS9552	Chopping Boards 6 Colour Set 18x12x0.5"	6
490672	Food Preparation Sign Pack – 15 Assorted Signs	15
490675	Food Storage Sign Pack – 17 Assorted Signs	17





# STOCKED

THE COMPLETE KITCHEN COMPANION



**Sysco**  
At the heart of  
food and service

**Stocked is the Complete Kitchen Companion:** check out the newly updated extensive guide to the full Pallas Foods offering, from must-have ingredients and specialty items to catering essentials, all providing inspiration and guidance as you move your business forward.

It showcases dedication, depth and range of offering from producers, growers and artisans throughout Ireland and beyond.



Find Stocked at [www.pallasfoods.com/stocked](http://www.pallasfoods.com/stocked)