



# CATCH OF THE WEEK

GREAT SEAFOOD DEALS, DELIVERED DIRECTLY TO YOU  
PRICES EFFECTIVE 16<sup>th</sup> - 22<sup>nd</sup> OCTOBER



**FS988**

Salmon Sides x 3 Skin On,Pinned  
1.4-1.7kg Per Side  
€11.99 / £10.55 Per Kg



**2**  
POINTS  
PER CASE

**FS105**

Seafood Chowder Mix 2Kg Tray  
€8.50 / £7.48 Per Kg



**FS1023**

Seabass Fillets 90-120g  
pin bones out 3kg Case  
Available for delivery from Wednesday  
€14.99 / £13.19 Per Kg



**14**  
POINTS  
PER CASE

**FS839Z**

FAS Hake Fillets 170 - 250g  
Case 2 x 4.54kg  
€67.00 / £58.96 Per CASE



**10**  
POINTS  
PER CASE

**FS622Z**

Coley Fillets Smoked Case 6.35kg  
€44.00 / £38.72 Per CASE



**FS1021Z**

Cod Fillets Skinned PB1  
32+6.81kg Frozen at Sea  
€55.00 / £48.40 Per UNIT



**FS1096Z**

Coconut Prawn Skewers  
500g pack  
10-12 skewers per pack  
€9.19 / £8.09 Per UNIT

**6**  
POINTS  
PER CASE

**FS894**

Seabass Fillets 140-180g  
Case 2kg  
€18.25 / £16.06 Per Kg



## TO ORDER

### PHONE

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