



Weekly INSIDE SPECIALS

Monday 10th - Sunday 16th April, 2017



FS762Z

FAS Cod Fillets 450 - 900g (Skinned) 16/32 6.8kg Pk, €55.00 Per UNIT



6
POINTS PER CASE

FS124Z

Breaded Cod Goujons (Par Fried) Case 5 x 1kg, €35.00 Per CASE



4
POINTS PER CASE

FS22Z

Smoked Salmon Sliced - Vac Pac unit of 1.25g, €22.50 Per Kg

I.Q.F



FS239Z

Atlantic Prawns 90/120 - 2.5kg Pack, €95.00 Per CASE



2
POINTS PER CASE

FS105

Fresh Seafood Chowder, €7.99 Per Kg



10
POINTS PER CASE

FS842Z

Beer Battered Cod Fillets 170 - 200g Case 3.4k, €39.00 Per CASE



6
POINTS PER CASE

FS185Z

Squid Tubes U5 10x 1kg, €45.00 Per CASE

I.Q.F



14
POINTS PER CASE

FS953Z

IQF Mediterranean Sea Bass Fillets 120-140g 5kg C, €62.95 Per CASE

I.Q.F

6
POINTS PER CASE

FS626Z

Hake Fillets 110 - 170g (Skinned) 5kg Case, €34.95 Per CASE



10
POINTS PER UNIT

FS800

Salmon Supremes Skinless, S & P 10x200g E, €38.50 Per UNIT



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